
QUESTIONNAIRE

“LIVING CONDITIONS, LIFESTYLE AND HEALTH”

Number of questionnaire			

No Code

0.1. Name of the Country

-
- 1 Armenia
 - 2 Byelorussia
 - 3 Georgia
 - 4 Kazakhstan
 - 5 Kyrgyzstan
 - 6 Moldova
 - 7 Russia
 - 8 Ukraine

(filled in by the regional representative)

0.2. Name of the region

(filled in by the regional representative)

2001

INFORMATION ABOUT THE INTERVIEW

Interviewer! Write down the name of the place.

001. Name of the place

002. Administrative classification of the interview place

(filled in by the regional representative)

- 1. Capital of the state.
- 2. Regional Capital,
- 3. City, not the capital, not the regional capital.
- 4. Small town
- 5. Village.

003. Surfacing of the road leading to the place.

- 1. Asphalt.**
- 2. Not asphalt.**

004. Distance, kilometres, to the nearest doctor/feldsher/polyclinic.

km

005. Distance, kilometres, to the nearest hospital.

km

**006. Population of the interview place
state for 1st January, 2001.**

(filled in by the regional representative)

007. Interviewer's number

(filled in by the regional representative)

Interviewer! Write the interview number.

008. Interview number, for the interviewer

Interviewer! Write the date, you are conducting the interview on.

009-010. Interview date.

Day.

Month.

Interviewer! Write the local time of the interview start.

011-012. Local time of the interview start.

--	--

Hours.

--	--

Minutes.

How do You do!

You are chosen for the participation in our questionnaire by random choice. I can not replace You by somebody else. We understand that You will spend Your time for the talk, and we will be

Interviewer! In the majority of questions respondent can choose only ONE answer. The cases, when several answers are possible are marked in words. In the questions in table form, one has to fill in the answer in every position.

1. How long have You lived in this place?

1. All my life or almost all my life

Or

2. Years | ___ | ___ | (give the number) (0 – the question is not relevant to the respondent)

2. Where do You have the following:

	In the home	Outside of the home (e.g. in the garden or street)	Not at all
1. Cold water on tap	1	2	0
2. Hot water on tap, geyser, hydrant	1	2	0
3. WC	1	2	0
4. Bathroom	1	2	0
5. Kitchen	1	2	0

3. What kind of heating is in Your house, flat?

1. Central heating

2. Boiler

3. Stove heating

4. Other (specify) _____

0.- No heating

4. How many rooms does Your home have (excluding bathroom and kitchen)?

| ___ | ___ | rooms

5. Will You specify the type of Your dwelling?

1. House
2. Flat
3. A room or rooms in the flat
4. Hostel

-98. *Difficult to say*

-99. *Refusal*

6. Will You specify the form of property of Your dwelling?

1. Private property
2. State property
3. Departmental, property of an enterprise/organisation
4. Property of private person – not the members of Your family

-98. *Don't know*

-99. *Refusal*

7. How would You estimate the quality of the water in Your water pipe, water fountain, well etc.?

(only one variant is possible)

1. Good →
2. Quite good →
3. Rather bad
4. Bad

Go to the question № 9

-98. *Don't know*

-99. *Refusal*

8. What do You do when the water is of bad quality?

(SEVERAL answers are possible, 1-yes, 0- no)

1. Limit water consumption
2. Take the water from the other source
3. Boil the water
4. Use a filter
5. Settle the water
6. Buy bottled water
7. Just drink such bad water *1-yes, if all others are 0- no)*

-98. *Don't know*

Interviewer! Give card № 1 to the respondent. Mark the answers on every position.

9. Are You worried about any of these things?

Answer codes:

Not worried at all -1

Quite not worried -2

Rather worried -3

Worried -4
 Don't know -98
 Refusal -99

1. Having things stolen from Your house	1	2	3	4	-98	-99
2. Being harassed or threatened on the street	1	2	3	4	-98	-99
3. Being robbed on the street	1	2	3	4	-98	-99
4. Being sexually molested	1	2	3	4	-98	-99
5. Suffering abuse because of Your nationality	1	2	3	4	-98	-99

10. What are You doing at the moment?

1. Study at the university, technical college, technical school, secondary school → Go to the question № 20
 2. You neither study nor work
 3. You work → Go to the question № 12
 4. You work and study → Go to the question № 12
 5. You are retired and work → Go to the question № 12
- 99. Refusal → Go to the question № 12

11. Why do You neither study nor work at the moment?

1. You are at pension because of old age
 2. You are housekeeping
 3. You are at the maternity leave
 4. You are unemployed, you cannot find work
 5. Because of health, You are a disabled person
 6. Have no wish to work
 7. Other (point out what) _____
- 99. Refusal
0. The question is not related to the respondent

12. What is the sphere of Your principal economic activity or which was your sphere of your principal activity before?

1. Manufacturing.
2. Agriculture and forestry.
3. Construction.
4. Transport and communication.
5. Trade and public catering.
6. Utilities and public services.
7. Health protection, sport, and social maintenance.
8. Education, science, culture, and fine arts.
9. Finance and insurance (Financial intermediation).

- 10. Public administration (authority).
- 11. Army and law-enforcement bodies.
- 12. Other branches.

*Interviewer! Write the name of respondent's **employment sphere** as exactly as possible, word by word.*

97. Have never worked before → Go to the question № 20
- 98. *Don't know*
- 99. *Refusal*
0. *The question is not related to the respondent*

13. What post do You held (or Your last post)? Please, give the full name of the post.

Interviewer! Write the name of respondent's post as exactly as possible, word by word

- 1. Senior official or office top manager.
- 2. Manager of department or branch office.
- 3. Production and operation department manager.
- 4. Physical and engineering science associate professional.
- 5. Life science and health associate professional.
- 6. Office clerk without higher education.
- 7. Skilled worker.
- 8. Unskilled worker.
- 9. Agricultural worker.
- 10. Entrepreneur, farmer.
- 11. Armed force, law-enforcement servicemen, fire fighter, armed security servicemen.
- 12. Other.

-
- 97. Have not worked before → Go to the question № 20
- 98. *Don't know*
- 99. *Refusal*

Interviewer! In case respondent does not work at the moment, go to the question number 20.

14. How much time do You spend at work?

- 1. The whole working week
- 2. Not full working week
- 3. Other (point out what) _____

-99. Refusal

0. The question is not related to the respondent

15. At Your main work:

1. You are employed on fixed contract, fixed salary, fixed wages, fixed post
2. You are paid depending of the results of Your work (piecework)
3. You are a daily worker getting money for every day of your working
4. Work in family business without payment
5. Other (point out what)_____

-99. Refusal

0. The question is not related to the respondent

16. What is the form of property of the enterprise, institution You work at?

1. State property
2. Municipal owned (property of town, village)
3. Common/collective property (joint-stock company, limited company, cooperative, collective farm (colchoz) etc.)
4. Private property

-98. Don't know

-99. Refusal

0. The question is not related to the respondent

17. Of what kind is Your physical activity at work?

1. Minimal physical activity (it involves only sitting down (as at an office or in bureau))
2. Some physical activity (sitting and walking about)
3. Significant physical activity (a lot of walking or lifting)
4. Extreme physical activity (heavy physical work during the whole working day)

-98. Don't know

0. The question is not related to the respondent

18. How often are there accidents at Your place of work?

1. Once a month and more often
2. Several times per year
3. Once a year or more seldom
4. There are almost no accidents

-98. Don't know

-99. Refusal

0. The question is not related to the respondent

19. In the past year, how many additional work places (in addition to Your main job, studies or pension) did You undertake?

Write|_____|_____|

-97. There was no

-98. Don't know

-99. Refusal

20. How have Your household's economic situation changed during the past ten years?

1. Definitely improved
2. Quite improved
3. Stayed without changes
4. Rather worsened
5. Definitely worsened

-98. *Don't know*

-99. *Refusal*

21. How would You describe the economic situation of Your family this year?

1. Very good
2. Good
3. Average
4. Bad
5. Very bad

-98. *Don't know*

-99. *Refusal*

22. What do You think the economic situation of Your family will be in five years?

1. Will improve significantly
2. Will improve
3. Will stay without changes
4. Will worsen
5. Will worsen significantly

-98. *Don't know*

-99. *Refusal*

23. Please evaluate, the level of the material living conditions of your family.

1. **The money is not enough even for our nutrition**
2. **The money is just enough for our nutrition and the articles of the first level of material needs**
3. **The money is enough to purchase long lasting consumer goods (TV set, Fridge etc.), but is not enough to buy a car or a flat**
4. **We do not have any material difficulties. If needed, we could purchase expensive goods (Car, flat)**

-98. *Difficult to answer*

-99. *Refusal*

24. Does Your household have a plot of land, which can be used for growing agricultural products?

1 Yes, if yes, what size hundredth parts(10 square meters) (sotka)

2 No

0. *The question is not related to the respondent*

Interviewer! Give **card № 2** to the respondent. Mark the answers on every position.

25. In the past twelve months did Your household have to do without things that You really need, such as:

Answer codes:

Constantly 1
 Sometimes 2
 Never 3
 You do not use it 4
 Don't know -98
Refusal -99.
 The question is not related to the respondent 0.

1. Food of the first level of needs (bread, sugar, milk)	1	2	3	4	-98
2. Heating	1	2	3	4	-98
3. Clothes, shoes that are really necessary	1	2	3	4	-98
4. Electricity	1	2	3	4	-98
5. Water indoors	1	2	3	4	-98
6. Fuel for car	1	2	3	4	-98
7. Medical services	1	2	3	4	-98
8. Drugs	1	2	3	4	-98
9. Household repairs	1	2	3	4	-98
10. Going to theatres, cinemas	1	2	3	4	-98
11. Newspapers	1	2	3	4	-98

26. What is the most important income source for you and your family?

What is the second most important income source for you and your family?

1. Growing agricultural products
2. regular salary/income from main job
3. income from additional job
4. incidental earnings (seasonal jobs)
5. pension or unemployment benefits
6. social benefits at work place, e.g. premiums
7. rewards for services
8. material support by relatives / friends
9. income from stocks and bonds (bank deposits)
10. other sources

27. If you need urgently some money, what will you do first of all? (Not more than two answers)

1. I get it from my relatives
2. I borrow it from friends / acquaintance
3. I ask for material help in my work place

4. I ask the local authorities for help and support
5. I take a credit at my bank
6. I sell things or take things to pawnshop
7. I do not do anything
8. others (Please specify:)
9. I do not know
10. ?

28. How has the disintegration of the USSR influenced the living standard in our country, according to your opinion?

1. Positively
 2. Has not influenced at all
 3. Negatively
- 98. *Don't know*
-99. *Refusal*

29. How would You assess the state of the economy of the country, on the five point scale?

- 1 is the lowest, 5 is the highest mark (-98 *Don't know*)
-98. *Don't know*
-99. *Refusal*

1. The times of USSR	1	2	3	4	5	-98
2. Today	1	2	3	4	5	-98
3. In 10 years.	1	2	3	4	5	-98

30. How would You assess the activity of the government of the country, on the five point scale?

- 1 is the lowest, 5 is the highest mark (-98 *Don't know*)
-98. *Don't know*
-99. *Refusal*

1. The times of USSR	1	2	3	4	5	-98
2. Today	1	2	3	4	5	-98
3. In 10 years.	1	2	3	4	5	-98

31. With which of the following do you most closely identify yourself?

Which comes second?

European (Eurasian)

1. Soviet Citizen
2. Citizen of country
3. Regional citizen
4. local / city / settlement / village
5. others

-98. *Don't know*
-99. *Refusal*

32. How proud are You to be the citizen of Your country)?

- 1. Very proud
- 2. Quite proud
- 3. Rather not proud
- 4. Not proud at all
- 5. I do not care (Not reading out)
- 6. *You are not the citizen of (name of the country)*
- 98. *Don't know*
- 99. *Refusal*

*Interviewer! Give card № 3 to the respondent.
Write the answers for every position.*

33. How satisfied are You with the following:

Answer codes:

- Definitely satisfied* 1
- Quite satisfied* 2
- Rather dissatisfied* 3
- Definitely dissatisfied* 4
- Don't know* -98
- Refusal*** **-99.**

1. The way democracy is developing in our country	1	2	3	4	5
2. The way economy is developing in our country	1	2	3	4	5
3. Educational system in our country	1	2	3	4	5
4. The "social security system" (health insurance, unemployment insurance and the pension insurance fund)	1	2	3	4	5
5. The way the government performs its duties in national office	1	2	3	4	5
6. The way the local authorities are solving the region's affairs	1	2	3	4	5
7. the health system in our country					

Interviewer! Give card № 4 to the respondent.

34. There different forms of political activities. What would you say about your participation

Answer categories:

- 1. did it and will do it in future
- 2. did it but will not do it in future
- 3. I did not participate, but will participate
- 4. I did not participate and I will not participate in future
- 98. *Don't know*
- 99. *Refusal*

1. discussion about political themes with friends and acquaintance
2. voting
3. participating in strikes
4. participation in demonstrations and meetings

35. To what extent do you agree with the following statements?

1. agree
 2. partially agree
 3. partially disagree
 4. disagree
- 98. *Don't know*
-99. *Refusal*

1. We could live better, if the Communist system would be restored.
2. We could live better, if the army would govern the country.
3. We could live better, if the monarchy in our country would be restored
4. We could live better, if the parliament would be dissolved, free elections would be abolished and a strong leader would get to power, who will be able to solve all problems quickly.
5. Democracy may have deficiencies, but it's better than any other form of government

36. What do you think, could the political parties abolished and the national parliament suspended in the next few years?

Some people think this country would be better governed if the national Parliament were suspended and parties abolished. How likely do you think this is to happen in the next few years?

1. *yes*
 2. *rather yes*
 3. *rather no*
 4. *no*
- 98. *I do not know*
-99. *Refusal*

37. If Parliament was suspended and parties abolished, would you:

- 1 *Strongly approve*
 - 2 *Somewhat approve*
 - 3 *Somewhat disapprove*
 - 4 *Strongly disapprove*
 - 5 *I do not care (not reading)*
- 98 *I do not know*
-99. *Refusal*

38. If our country were to join the European Union in future, would You be:

1. In favour
2. Quite in favour than opposed

3. Rather opposed than in favour
4. Opposed
5. I do not care (do not read out)
- 98. *Don't know*
- 99. *Refusal*

Interviewer! Give card №9 to the respondent.

39. What is Your opinion, what problems should the national government handle in the first place (No more than THREE answers)?

1. Fighting rising prices, inflation
2. Strengthening of national currency
3. Rising pensions
4. Fighting against unemployment
5. Fighting against corruption
6. Protection of the environment
7. Fighting against crime
8. Improving of the health system
9. Improving of the military strength of the country
10. Other (specify what)_____
- 98. *Don't know*
- 99. *Refusal*

*Interviewer! Give card № 4 to the respondent.
Write the answers for every position.*

*Interviewer! Give card № 4 to the respondent.
Write the answers for every position.*

40. What is the degree of Your agreement or disagreement with the following statements?

Answer codes:

- | | |
|------------------------|------------|
| <i>Agree</i> | <i>1</i> |
| <i>Quite agree</i> | <i>2</i> |
| <i>Rather disagree</i> | <i>3</i> |
| <i>Disagree</i> | <i>4</i> |
| <i>Don't know</i> | <i>-98</i> |
| <i>Refusal</i> | <i>-99</i> |

1. I have the right to say what I think	1	2	3	4	-98
2. I can join any organization I like	1	2	3	4	-98
3. I can travel freely anywhere I want	1	2	3	4	-98

4. I can have an influence on the national government	1	2	3	4	-98
5. I can have an influence on the regional government	1	2	3	4	-98
6. I need not be afraid of illegal arrest	1	2	3	4	-98
7. I can take an interest in politics	1	2	3	4	-98
8. I have a right to join any religion	1	2	3	4	-98

41. Some people feel they have completely free choice and control over their lives, while other people feel that what they do has no real effect on what happens to them. Please use this scale where 1 means "none at all" and 5 means "a great deal" to indicate how much freedom of choice and control you feel you have over the way your life turns out.

*1 2 3 4 5
None at all A great deal DK = 6

42. Have You recently experienced the following problems?

	Yes	No	Don't know
1. Been unable to concentrate on whatever You are doing	1	0	-98
2. Insomnia	1	0	-98
3. Felt constantly under strain	1	0	-98
4. Felt You couldn't overcome Your difficulties	1	0	-98
5. Being unable to enjoy Your normal day to day activities	1	0	-98
6. Loosing confidence in Yourself	1	0	-98
7. Often shaking or trembling	1	0	-98
8. Frightening thoughts coming in Your mind	1	0	-98
9. Get spells of exhaustion or fatigue	1	0	-98
10. Feeling of stress	1	0	-98
11. Feeling lonely	1	0	-98
12. Dissatisfaction with work	1	0	-98
13. Impossibility to influence things	1	0	-98
14. Life is too complicated	1	0	-98

*Interviewer! Give card № 11 to the respondent.
Write the answers for every position.*

43. Have You experienced any of the following events in Your life?

	In the last year	Between one and two years ago	Between two and ten years ago	More than 10 years ago	Never
1. Divorce	1	2	3	4	0
2. Moved home	1	2	3	4	0
3. A death of	1	2	3	4	0

your close relative					
4. A new child	1	2	3	4	0
5. Changed a job	1	2	3	4	0
6. Lost a job	1	2	3	4	0

44. How satisfied are You with the following?

Answer codes:

<i>Definitely satisfied</i>	1
<i>Quite satisfied</i>	2
<i>Rather dissatisfied</i>	3
<i>Definitely dissatisfied</i>	4
<i>Don't know</i>	-98
<i>Refusal</i>	-99

1. Your housing	1	2	3	4	-98
2. The water quality You drink	1	2	3	4	-98
3. The air purity You breath with	1	2	3	4	-98
4. The climate You live in	1	2	3	4	-98
5. The electricity support in Your house	1	2	3	4	-98
6. The security .level in Your place	1	2	3	4	-98
7. Public transport in Your place	1	2	3	4	-98
8. Your work/main job/study	1	2	3	4	-98
9. Your education	1	2	3	4	-98
10. Conditions of work and employment	1	2	3	4	-98
11. Your personal income	1	2	3	4	-98
12. The financial situation of Your household today	1	2	3	4	-98
13. All things considered, with Your life as a whole these days	1	2	3	4	-98

45. What would you do, when there are technical faults or technical breakdowns in your flat/house (e.g. electricity, water, damage to the roof)? (Not more then 2 answers allowed)

1. You or another member of the family is repairing the damage
 2. You ask a friend for help
 3. You pay somebody to do the job
 4. You ask the communal administrative to fix it
 5. There is nothing you can do
 6. Other (Please describe).....
- 98. *Don't know*
-99. *Refusal*

46. If you have to walk on the streets after dark, what would you do?

1. Ask somebody to go with you
 2. You take means of self-defence with you (e.g. knife, tear-gas spray)
 3. You take your dog with you a savage dog
 4. You have no special safety precautions
 5. Other (Please describe).....
- 98. *Don't know*
-99. *Refusal*

47. If you have difficulties with a grant-in-aid or the payment of a pension, what would you do? (1 answer)

1. You are trying to find a solution by contacting the institutionen, which are deciding about these social payments
 2. You lodge a complaint at high-ranking officials
 3. You take this matter to court
 4. You find persons, which help you to solve your problem
 5. You pay the money yourself
 6. There is nothing you can do
 7. Other (Please describe)...
- 98. *Don't know*
-99. *Refusal*

48. According to your opinion, what should parents do, if they are not sure of their child reaching the necessary amount of points in order to be admitted to University (up to 3 answers)?

1. Hiring a tutor
 2. send the child to a better secondary school
 3. using connections
 4. find persons, which are helping to solve the problem with money (e.g. blat)
 5. send the child to a private University with school fees
 6. Other (Please describe).....
 7. There is nothing you can do
- 98. *Don't know*
-99. *Refusal*

49. Are You a member of a party, organisation, association? In case 'yes', specify which one?

0. No
1. Yes (specify what one) _____ | | |

-98. *Don't know.*
-99. *Refusal*

coding questionnaire

1. Church or religious organisation
2. Sport or recreation organisation (e.g. tourist club, bowling club, hiking club)
3. Art, music or educational organisation (Chorus, dancing club, folklore groups)

4. Trade union
5. Political party
6. Professional association (Lawyers, architects, journalists associations)
7. Charitable organisation
8. Residents, neighbourhood organisation (house building cooperative, garage cooperative)
9. Non-governmental organisation NGO
10. Youth association
11. Women organisation
12. Other voluntary organisation
13. No membership

*Interviewer! Give **card № 5** to the respondent.
Write the answers for every position.*

50. Are you an ACTIVE member in at least one of these organisations?

1. Yes
2. No
- 98. Don't know
- 99. Refusal

51. To what extent do You personally trust?

Answer codes:

<i>Great trust</i>	1
<i>Quite trust</i>	2
<i>Rather distrust</i>	3
<i>Great distrust</i>	4
<i>Don't know</i>	-98
<i>Refusal</i>	-99

1. President of the country	1	2	3	4	-98
2. National government	1	2	3	4	-98
3. National parliament	1	2	3	4	-98
4. Regional governor	1	2	3	4	-98
5. Political parties	1	2	3	4	-98
6. Courts	1	2	3	4	-98
7. Police	1	2	3	4	-98
8. Army	1	2	3	4	-98
9. Mass media	1	2	3	4	-98
10. Churches, priests	1	2	3	4	-98
11. Trade unions	1	2	3	4	-98
12. Doctors, nurses, other hospital staff	1	2	3	4	-98
13. Myself	1	2	3	4	-98

52. What is the degree of agreement with the opinion that a majority of people can be

trusted?

1. Agree
2. Quite agree
3. Rather disagree
4. Disagree

-98. *Don't know*

-99. *Refusal*

53. Do You have friends with whom You can discuss any important matters?

1. Yes (How many.....)
2. No

-98. *Don't know*

-99. *Refusal*

54. How often in the past week have You eaten the following:

	Daily	2 or 3 times per week	Occasionally (1 time a week)	Extremely seldom
1. Meat	1	2	3	4
2. Fish	1	2	3	4
3. Fresh vegetables, except for potatoes	1	2	3	4
4. Fruit	1	2	3	4
5. Animal fat (for cooking or direct consumption)	1	2		4
6. Butter	1	2	3	4
7. Cheese	1	2	3	4
8. Milk	1	2	3	4
9. Cream/sour cream	1	2	3	4

55. Do you smoke at least one cigarette per day (1 papieros, 1 pipe etc.)

1. Yes Go to question No.58

2.No

-99. *Refusal*

0.*The question is not related to the respondent.*

56. Have You ever smoked?

1. Yes, I smoked and do smoke at the present moment →
2. Yes, I smoked, but stopped. →
3. No, I don't smoke and have never smoked.

Go to the question № 58

-99. *Refusal*

0.*The question is not related to the respondent.*

57. What are Your reasons for not smoking? (No more than THREE answers)

1. It is expensive
2. My parents did not smoke
3. My friends don't smoke
4. for family reasons
5. Don't like the taste/smell of tobacco
6. It is bad for one's health
7. Other (specify) _____ -

-98. *Don't know*

-99. *Refusal*

0. *The question is not related to the respondent.*

Interviewer! Having got the answer d to the question № 51, go to the question № 61!

58. How old were You when You first started smoking?

| | | years

-97. *Can't remember*

-98. *Don't know*

-99. *Refusal*

Interviewer! If the respondent has stopped smoking, go to the question № 63!

59. How soon after getting up do You usually smoke Your first cigarette?

1. First 30 minutes after getting up
2. First hour after getting up
3. Before mid-day meal
4. After day meal or in the evening

60. About how many cigarettes a day do You smoke?

1. One or two
2. Up to 10
3. Between 10 or 20
4. More than 20

61. Do You usually smoke when You are: (SEVERAL answers are possible)

1. At home
2. At work, studies
3. Out with friends
4. Travelling (on a bus or train)
5. In restaurant, club
6. Everywhere
7. Other (specify) _____

-98. *Don't know*

-99. Refusal

0.The question is not related to the respondent.

62. Why do You smoke (No more than THREE answers)

1. Like the smell and taste of tobacco
2. Calms my nerves
3. Friends smoke
4. It's fashionable
5. A way to pass time at work
6. A habit, I have done so for years
7. Other (specify)_____

-98. Don't know

-99. Refusal

0.The question is not related to the respondent.

63. How many times have you tried to give up smoking?

1. Never
2. Once
3. Twice
4. More than twice

-98. Don't know

-99. Refusal

0.The question is not related to the respondent.

<i>Interviewer! If the respondent still smokes, go to the question № 67!</i>
--

64. How old were you when you gave up smoking?

years

-97. Can't remember

-98. Don't know

-99. Refusal

0.The question is not related to the respondent.

65. About how many cigarettes did you use to smoke in a typical day?

1. One or two
2. Up to 10
3. Between 10 or 20
4. More than 20

-97. Can't remember

-98. Don't know

-99. Refusal

0.The question is not related to the respondent.

66. What made You give up smoking? (No more than THREE answers)

1. Cost of cigarettes / papieros

2. Gave me cough, made me feel ill
3. Your friends gave up smoking
4. Family wanted me to stop
5. Not allowed to smoke at work / studies
6. Heard/understood that it was bad for health
7. Other (specify)_____

-98. *Don't know*

-99. *Refusal*

0. *The question is not related to the respondent.*

67. What effect, do You think, smoking has on the health of people who smoke? (Only ONE answer is possible)

1. Doesn't make any difference to health
2. Smoking has positive effects (Helps people relax or steady nerves)
3. Smoking has negative effects (Bad for health)

-99. *Refusal*

68. Do You think being around people who smoke makes any difference to the health of people who do not smoke? Only ONE answer is possible)

1. Doesn't make any difference to health
2. Bad for health

-98. *Don't know*

-99. *Refusal*

69. How often do you take a drink of something alcoholic, including beer?

1. Daily, almost daily _____→
2. 4-5 times a week _____→
3. 2-3 times a week _____→
4. Once a week _____→
5. Once a month _____→
6. Once in 2-3 months _____→
7. Less often _____→
8. Never

Go to the question
№ 71

-98. *Don't know*

-99. *Refusal*

0. *The question is not related to the respondent.*

70. Why don't you drink alcohol? (No more than THREE answers)

1. I don't like the taste of alcohol
2. My friends don't drink
3. Bad effects on my health
4. My family doesn't drink
5. I don't want to become an alcoholic
6. I feel bad after drinking alcohol
7. It hinders my work and hobbies

8. Other (specify) _____
-98. *Don't know*
-99. *Refusal*

Interviewer! Having got the answer d to the question № 71, go to the question № 79!

71. When do You usually take the first alcoholic drink of the day?

1. In the morning
2. At mid-day meal
3. Before end of work
4. Before evening meal
5. At evening meal
6. It is not fixed, it depends

-98. *Don't know*

-99. *Refusal*

0. *The question is not related to the respondent.*

72. How often do you drink beer?

1. Daily
2. 4-5 times a week
3. 2-3 times a week
4. Once a week
5. Once every 2-3 weeks
6. Once a month →
7. Once in 2-3 months →
8. Less often →
9. Never →

Go to the question № 74

-98. *Don't know*

-99. *Refusal*

0. *The question is not related to the respondent.*

73. How much beer do you usually drink at one time?

1. Less than 0,5 litre
2. About 0,5 litre
3. About 1 litre
4. About 1,5 litre
5. About 2,0 litre
6. More than 2.0 litres

-98. *Don't know*

-99. *Refusal*

0. *The question is not related to the respondent.*

74. How often do you drink wine?

1. Daily
2. 4-5 times a week
3. 2-3 times a week

4. Once a week
5. Once every 2-3 weeks
6. Once a month →
7. Once in 2-3 months →
8. Less often →
9. Never →

Go to the question № 76

-98. *Don't know*

-99. *Refusal*

0. The question is not related to the respondent.

75. How much wine do you usually drink at one time?

1. Less than a glass, less than 200 grammes
2. A glass or about 200 grammes
3. Half a bottle, about 350 grammes
4. Half a litre
5. A bottle (750 grammes)
6. A litre or more

-98. *Don't know*

-99. *Refusal*

0. The question is not related to the respondent.

76. How often do You drink vodka or other strong spirits?

1. Daily
2. 4-5 times a week
3. 2-3 times a week
4. Once a week
5. Once every 2-3 weeks
6. Once a month →
7. Once in 2-3 months →
8. Less often →
9. Never →

Go to the question № 78

Go to the question № 79

-98. *Don't know*

-99. *Refusal*

0. The question is not related to the respondent.

77. How much vodka or strong spirits do You usually drink at one time?.

1. Less than 100 grammes
2. About 100 grammes
3. About 200 grammes
4. About 300 grammes
5. Half a little (l bottle)
6. More than half-litre

-98. *Don't know*

-99. *Refusal*

0. The question is not related to the respondent.

78. When You get vodka or other strong alcoholic drink , it is usually produced by:

1. A proper/ specialist company
2. Made privately (samogon)
3. Sometimes vodka / sometimes another strong alcoholic drink from official company, sometimes it is made privately (samogon)

*Interviewer! Give **card № 4** to the respondent.
Write the answers for every position.*

- Agree 1
 Quite agree 2
 Rather disagree 3
 Don't agree 4
 -98. Don't know
 -99. Refusal
 0.The question is not related to the respondent.

1. Helps to relax	1	2	3	4	-98
2. I like the taste of alcohol	1	2	3	4	-98
3. Helps to communicate	1	2	3	4	-98
4. It helps me forget problems	1	2	3	4	-98
5. They have always drunk in my family	1	2	3	4	-98
6. A good way to mark special occasions	1	2	3	4	-98
7. It stimulates my creativity					
8. It is advantageous for health					

Now let us speak about Your health and general state of health

80. Taking all things together, how would you say things are these days – would you say you are

- 1. Very happy
 - 2. Pretty happy
 - 3. Not too happy
 - 4. Very unhappy these days?
- 98. Don't know
 -99. Refusal
 0.The question is not related to the respondent.

81. What is your height? _____ (cm)

- 98. Don't know
 -99. Refusal

82. And what is your weight? | | | (kg)

- 98. Don't know
 -99. Refusal

83. How would you describe your state of health these days? Would you say it is...

1. Good
2. Quite good
3. Rather bad
4. Bad

-98. *Don't know*

-99. *Refusal*

84. How easily can You do the following:

-98. *Don't know*

-99. *Refusal*

	Very easy	Fairly easily/	Some difficulties	Major difficulties
1. Walk a kilometre	1	2	3	4
2. Go up two or three flights of stairs without getting out of breath (or go uphill).	1	2	3	4
3. Fall asleep quickly	1	2	3	4

85. Have You ever had any pain or disorder in Your chest?

1. Yes

0. No: →

Go to the question № 92.

-98. *Don't know*

-99. *Refusal*

86-87. Do You feel pain or discomfort when You...

	Yes	No
86. Go uphill or are in a hurry	1	2
87. Walk at an ordinary pace on level ground	1	2

0. *The question is not related to the respondent.*

Interviewer! If the respondent answered 'No' to the question №№ 86 and 87, go to the question № 90.

88. When You get pain or discomfort in Your chest, what do You do?

1. Stop
2. Slow down
3. Continue at the same pace

0. *The question is not related to the respondent.*

89. Does pain or discomfort in the chest go away after it?

1. Yes
2. No

90. How soon does pain or discomfort in the chest go away?

1. 10 minutes or less
2. More than ten minutes

0. The question is not related to the respondent.

91. Have You ever had a severe pain across the front of Your chest lasting for half an hour or more?

1. Yes
2. No

0. The question is not related to the respondent.

92. Do You have any health problems, chronic diseases that limit Your activities?

1. Yes
2. No

0. The question is not related to the respondent.

*Interviewer! Give **card № 6** to the respondent.
Write the answers for every position.*

93. How important, do You think, is each of the following for keeping healthy?

Answer codes:

- | | |
|---------------------------|-------------|
| <i>Important</i> | <i>1</i> |
| <i>Quite important</i> | <i>2</i> |
| <i>Rather unimportant</i> | <i>3</i> |
| <i>Unimportant</i> | <i>4</i> |
| <i>Don't know</i> | <i>-98</i> |
| <i>Refusal</i> | <i>-99.</i> |

1. Be active, get regular exercise	1	2	3	4	-98
2. Eat a lot of meat	1	2	3	4	-98
3. Have a healthy diet	1	2	3	4	-98
4. Avoid binge drinking	1	2	3	4	-98
5. Go to the doctor regularly	1	2	3	4	-98
6. Not to smoke	1	2	3	4	-98

*Interviewer! Give **card № 4** to the respondent.
Write the answers for every position.*

94. To what extent do You agree with the following statements?

Answer codes:

- | | |
|------------------------|-------------|
| <i>Agree</i> | <i>1</i> |
| <i>Quite agree</i> | <i>2</i> |
| <i>Rather disagree</i> | <i>3</i> |
| <i>Disagree</i> | <i>4</i> |
| <i>Don't know</i> | <i>-98</i> |
| <i>Refusal</i> | <i>-99.</i> |

There is nothing You can do; health is determined by heredity	1	2	3	4	-98
Keeping healthy depends upon the things that one can do	1	2	3	4	-98
There are certain things that one can do for oneself to reduce the	1	2	3	4	-98

risk of heart attack					
There are certain things that one can do for oneself to reduce the risk of getting cancer	1	2	3	4	-98

95. Have You ever had Your blood pressure checked by a doctor or a nurse?

1. Yes

2. No → Go to the question № 100

-98. *Don't know*

-99. *Refusal*

96. How often do you take your blood pressure ?

1. **daily**

2. **several times a week**

3. **several time a month**

4. **several times a year**

5. **once a year**

6. **once every 2 or 3 years or more seldom**

-98. *Don't know*

-99. *Refusal*

97. Has a doctor ever told you that your blood pressure was too high?

1. Yes

2. No → Go to the question № 100

-98. *Don't know*

-99. *Refusal*

0. *The question is not related to the respondent.*

98. When was the most recent time that you have been told about that

1. **this week**

2. **this month**

3. **a few months ago**

4. **approximately half a year ago**

5. **approximately one year ago**

6. **2 to 3 years ago**

-98. *Don't know*

-99. *Refusal*

99. How often are you taking any medication for high blood pressure?

1. several times per day

2. once per day

3. Several times a week

4. Several times a month

- 5. several times a year
- 6. once a year or less often
- 7. *never*
- 98. *I do not know*
- 99. *Refusal*

100. In the past 12 months, did you visit a doctor or a medical attendant (feldsher)?

- 1. Yes, a doctor. →
 - 2. Yes, a medical attendant (feldsher) →
 - 0. No
 - 98. *Don't know*
 - 99. *Refusal*
- Go to the question № 102

101. Why didn't you visit a doctor or a feldsher? (SEVERAL answers are possible)

- 1. Not that seriously ill
- 2. Visiting a doctor takes too much time
- 3. Treated myself with home-made remedies
- 4. Bought medicine from a pharmacist
- 5. Didn't have the money to pay for treatment
- 6. I do not trust the qualification of the doctor (feldsher)
- 7. Other (specify) _____

Interviewer! Having got the answer for the question № 101, go to the question №105!

102. The doctor or feldsher at examined You for the last time at:

- 1. A medical station
 - 2. A medical station, clinic, hospital supported by your place of work
 - 3. Local clinic corresponding to the place of residence
 - 4. A hospital or specialised medical institution
 - 5. At a private business address of the doctor
 - 6. Your home. →
 - 7. A medical station travelling from village to village →
 - 8. Other (specify) _____
 - 98. *Don't know*
 - 99. *Refusal*
 - 0. *The question is not related to the respondent.*
- Go to the question № 99

103. How would You describe the treatment given?

- 1. Very good
- 2. Fairly Good
- 3. Fairly bad
- 4. Very Bad
- 5. I was not treated, there was no medical help given
- 98. *Don't know*

-99. Refusal

0. The question is not related to the respondent.

104. How much did the medical treatment cost for You that particular time?

1. You paid | | | | | | | | | | Roubles
2. Gave present to the value of | | | | | | | | | | Roubles
3. You paid | | | | | | | | | | Roubles and gave presents to the value of
| | | | | | | | | | Roubles
4. An enterprise, institution, sponsor paid for You.
5. You neither paid nor presented anything.

-99. Refusal

0. The question is not related to the respondent.

105. What should somebody do, who has to be hospitalised urgently, but is told that there are no sickbeds available and he should wait for several months ?(Several answers possible)

1. offer the doctor a certain sum of money
2. using connections
3. to implore the hospital staff for quick hospitalisation
4. to go to somebody, who is offering folk medicine/alternative medicine
5. to lodge a complaint
6. there is nothing you can do

-98. Don't know

-99. Refusal

0. The question is not related to the respondent.

106. Have You ever had any of these diseases? (1 yes, 0- no)

1. Heart attack
2. Heart operation
3. Stenocardia
4. Other heart problems
5. Stroke
6. Persisting high blood pressure.
7. Asthma
8. Chronic Bronchitis
9. Other chest trouble (lungs)
10. Diabetes
11. Stomach or digestive disorders
12. Haemorrhoids
13. Liver trouble
14. Rheumatic trouble or arthritis

15. Lung cancer
16. Other cancer
17. Severe depression or other nervous illness
18. Migraine
19. Back trouble
20. Epilepsy or fits
21. Diphtheria
22. Tetanus
23. Polio
24. Typhoid
25. Jaundice
26. Tuberculosis.
27. I had nothing of the above mentioned
 - 98. Don't know
 - 99. Refusal

*Interviewer! Give **card № 7** to the respondent. Mark answers in every line.*

107. What treatment do you usually apply, when you have the following health problem?

Answer codes:

- | | |
|---|------------------------|
| <i>Go to doctor or call the doctor or feldsher at home</i> | 1(1 yes, 0- no) |
| <i>Go to an alternative healer</i> | 2(1 yes, 0- no) |
| <i>Self medication with home-made medicines</i> | 3(1 yes, 0- no) |
| <i>Go to the pharmacist and buy medicines without doctor's prescription</i> | 4(1 yes, 0- no) |
| <i>Drink some spirits</i> | 5(1 yes, 0- no) |
| <i>I did not have anything of the mentioned</i> | 6(1 yes, 0- no) |
| <i>Other</i> | 7(1 yes, 0- no) |
| <i>I was not sick</i> | 0 (1 was not |
| sick, 0- no) | |

10 Dichotomies with **(1 yes, 0- no, -99 Refusal)**.

1. Headache	1	2	3	4	5	6	7
2. Pains in the chest	1	2	3	4	5	6	7
3. Bad cough	1	2	3	4	5	6	7
4. Breathlessness	1	2	3	4	5	6	7
5. Unusual lump under the skin	1	2	3	4	5	6	7
6. Warts	1	2	3	4	5	6	7
7. Vomiting	1	2	3	4	5	6	7
8. Fever for more than 3 days	1	2	3	4	5	6	7
9. Abdominal pain	1	2	3	4	5	6	7
10. Diarrhoea	1	2	3	4	5	6	7

*Interviewer! Give the **card № 8** to the respondent. Tick the answers in every line.*

108. In your opinion, what effect does each of the following have on the state of the heart-cardiac system?

Answer codes:

- Important effect* 1
- Some effect* 2
- A little effect* 3
- No effect* 4
- Don't know* -98
- Refusal* -99.

1. Housing and living conditions	1	2	3	4
2. Aspects of lifestyle (like smoking, drinking and diet)	1	2	3	4
3. Heredity	1	2	3	4
4. Constant stress in daily life	1	2	3	4
4. transformation in our country during the last 10 years				

109. In general, how satisfied are you with your health?

- 1. Satisfied
- 2. Quite satisfied
- 3. Rather dissatisfied
- 4. Dissatisfied
- 98 *Don't know*
- 99 *Refusal*

110. Do you receive any income from a member of your family abroad?

- 0 - No
- 1- Yes
- 3 - None of my family are abroad
- 99. *Refusal*

111. If you had any of the following problems, is there anyone you could rely on to help you from outside your own household?

- a) If you were feeling depressed
- Yes - 1
- No - 0
- Not sure -98
- Refusal* -99.

- b) If you needed help finding a job for yourself or a member of your family

Yes - 1

No - 0

Not sure -98

Refusal -99.

c) If you needed to borrow money to pay an urgent bill like electricity, gas, rent or mortgage (

Yes - 1

No - 0

Not sure -98

Refusal -99.

112. Here are a few questions about people in your life who can provide you with help or support. (Tick one only)

a) Is there anyone who you can really count on to listen to you when you need to talk?

Yes - 1

No - 0

Not sure -98

Refusal -99.

b) Is there anyone who you can really count on to help you out in a crisis?

Yes - 1

No - 0

Not sure -98

Refusal -99.

c) Is there anyone who you can totally be your self with?

Yes - 1

No - 0

Not sure -98

Refusal -99.

d) Is there anyone who you feel really appreciates you as a person?

Yes - 1

No - 0

Not sure -98

Refusal -99.

e) Is there anyone who you can really count on to comfort you when you are very upset?

Yes - 1

No - 0

Not sure -98

Refusal -99.

113. Please think of the person you can best share your private feelings and concerns with

a) Is this person male or female?

Male - 1

Female – 2

There is no such a person –3

Difficult to say- -98

Refusal - 99

114. What is this person's relationship to you?

Spouse - 1

Mother/Father - 2

Another relative - 3

Friend – 4

Difficult to say- -98

Refusal – 99

Question is not relevant to the respondent -0

115. How old are you? What was your age at your last birthday? (Write in years)

--	--

Years.

-99 Refusal

<i>Interviewer! Write the respondent's sex.</i>

116. Respondent's sex

1. Male

2. Female

117. What is Your education for the moment?

1. Primary (up to 7 years of secondary school) and without education.

2. Non-finished secondary education (8-9 years of secondary school)

3. Secondary education (10-11 years of secondary school)

4. Secondary vocational education (college like medical, technical, pedagogical etc.)

5. Non-finished higher education.

6. Higher education

-99. Refusal

118. Your marital status :

1. Single, have never been married

2. Married, it is Your first marriage

3. Divorced

4. Currently are married for the second time after the divorce

5. Widow (Widower)

6. Currently are married for the second time after the death of the husband/wife

7. Living together as a husband and a wife, but not registered

-99. Refusal

119. How many people, including You, live in common household?

--	--

People

.

120. How many of them work?

--	--

People.

-98. *Nobody works.*

-99. *Refusal*

121. How many children younger 16 live with You?

--	--

People.

-98. There are no children younger 16

Go to the question № 119.

-99. *Refusal*

122. Please tell me, which of the following items exist in your family? (1 yes, 0- no)

1. TV
2. Telephone
3. video recorder
4. washing machine
5. dish-washer
6. video camera
7. personal computer
8. car
9. motorbike
10. bicycle

123. What religious denomination do you refer yourself to?

1. None
2. Armenian-Gregorian
3. Buddhist (Lamaism)
4. Jewish
5. Muslim (Islam)
6. Russian Orthodox
7. Protestant (Lutherans, Baptism, Evangelism, Adventism, Pentecost's etc.)
8. Roman Catholic
9. Greek Catholic (Uniate)

10. *Other (specify)* _____

-99. *Refusal*

124. Do you follow the ceremonies and rules prescribed by Your religion?

1. Yes, constantly
2. Yes, sometimes
3. No

-98. *Don't know*

-99. *Refusal*

125. What nationality do you consider yourself to be?

- 1 Azerbaijani
- 2 Armenian
- 3 Bashkir
- 4 Byelorussian
- 5 Bulgarian
- 6 Gagauze
- 7 Greek
- 8 Georgian
- 9 Jew (Hebrew)
- 10 Kazakh
- 11 Kirghiz
- 12 Kurd
- 13 Lithuanian
- 14 Moldavian/Romanian
- 15 German
- 16 Ossetin
- 17 Pole
- 18 Russian
- 19 Tajik
- 20 Tatar
- 21 Uzbek
- 22 Ukrainian
- 23 Other

-99. Refusal

THANK YOU VERY MUCH FOR YOUR COOPERATION!

Interviewer! Write the local time of the interview finish.

013-014. Local time of the interview finish.

--	--

Hours

--	--

Minutes

INTERVIEWER'S GUARANTEE:

I guarantee that the questionnaire has been conducted by me in accordance with the instruction, by the method of personal interview with the selected accordingly to the instruction respondent.

Signature _____ *Name. Surname.* _____

REGIONAL REPRESENTATIVE'S GUARANTEE:

I have checked the correctness and completeness of the questionnaire filling in.

Signature _____ *Name. Surname.* _____